

Reference Points for Identifying Genuine God-Connections

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Basic Reference Points (chapter thirty-five):

1. God's presence and content from God always consistent with scripture.
2. Significant, observable positive change occurs by end of session.
3. Lasting, long-term fruit accumulates over time.
4. Content from God is sometimes surprising and unexpected (optional-bonus).
5. Content from God is sometimes "beyond us," or even miraculous (optional-bonus).

Additional Reference Points for Initial Connection and Journey Toward Healing (chapter thirty-six):

6. Jesus' personal presence feels real, true, and genuine.
7. Jesus images are living, interactive, contingent, and beneficial.
8. The recipient has the sense of a companion with her on the journey (as opposed to feeling like she's just talking to herself, trying to figure it out on her own).
9. It feels true that recipient is receiving attunement.
10. Guidance and help from God feel truly helpful, and are observably helpful.
11. Guidance, help, and other content from God feels new and different (as opposed to feeling like familiar analysis, coping, and managing).
12. Content from God comes into the recipient's mind spontaneously and unexpectedly (as opposed to being generated by her own analysis, found by her own searching, or constructed by her own imagination).

Additional Reference Points for Resolution/Healing (chapter thirty-six):

13. Resolution/healing feels real, true, and genuine.
14. The recipient receives dramatic, full resolution, or at least significant, new, permanent steps forward (as opposed to mediocre, temporary improvement from coping and managing).
15. The recipient experiences sudden release, the facilitator observes a wave of relief, and the recipient reports and displays peace and joy.
16. The recipient is grateful and fully satisfied (as opposed to disappointed and/or frustrated, and sometimes also discouraged, anxious, and confused).