Title: Lk 10 Podcast #5 – IA for Refugee Camps, Prisons, Orphanages, Addictions Programs, Homeless Shelters, and Military Bases = Wonderful Idea

May 29, 2023

Greetings all,

Just a quick note to let you know about the fifth podcast with Toni Daniels (LK 10 ministries). I have included our promotional blurb below.

Blessings,

Dr. Lehman/Karl

## Bonus podcast part II with Toni Daniels, LK 10 Ministries:

## 53. Dr. Karl Lehman-Bonus pt 2: 5 Reasons Why This is the Most Amazing, Wonderful Idea in the World

Link: <a href="https://podcasters.spotify.com/pod/show/toni-m-daniels/episodes/53--Dr--Karl-Lehman-Bonus-pt-2-5-Reasons-Why-This-is-the-Most-Amazing--Wonderful-Idea-in-the-World-e247sih">https://podcasters.spotify.com/pod/show/toni-m-daniels/episodes/53--Dr--Karl-Lehman-Bonus-pt-2-5-Reasons-Why-This-is-the-Most-Amazing--Wonderful-Idea-in-the-World-e247sih</a>
Description: In this last bonus episode with Dr. Lehman, he continues with reasons 4 and 5 of why the Immanuel Approach is the most amazing plan in the world for people in refugee camps, prisons, orphanages, extended-stay addiction recovery programs, extended-stay homeless shelters, and military bases. We are not called to reduce stress as Christians. We are invited to shift our stress from toxic stress to much more productive, much less harmful challenge stress and/or "tend and befriend" stress. Dr. Lehman shares how he lived in functional deism for many years before discovering the living presence of Jesus in his life! We also discuss the role of relational anger in social justice. The Immanuel Approach lived out in a community like LK10 helps us make this transition from toxic stress to productive stress.