

Title: "An Introduction to the Immanuel Approach for Mental Health Professionals"

March 11, 2024

Greetings all,

Just a quick note to let you know that our new book, *An Introduction to the Immanuel Approach for Mental Health Professionals*, is now available:

Hard copy (Humble Shack): <https://humble-shack.myshopify.com/collections/immanuel-approach-dr-karl-lehman/products/an-introduction-to-the-immanuel-approach>

Digital version (Pathwright): <https://immanuelapproach.pathwright.com/library/an-introduction-to-the-immanuel-approach-for-mental-health-professionals-digital-book-204874/about/>

This short intro book very briefly summarizes the theoretical foundation for the Immanuel Approach and describes the basic process. It then presents more than twenty-five case studies representing a wide range of clinical scenarios and illustrating the many ways in which the living presence of Jesus brings **exceptional** skills, truth, and other healing resources to therapy sessions.

Although it is especially written for mental health professionals, it also makes an excellent introduction for the average layperson, who may simply skip the two chapters that address issues particularly pertinent to MHPs and the footnotes providing references for supporting research.

This is truly an introduction. Not a condensed version of the basic training seminar. Not a condensed version of the big lion book.

Main components include:

- Short discussion of principles and process
- "What is unique?"
- Case study examples (many--about half the book)
- New formulation of role of the therapist/MHP
- Credibility and research support
- Frequently asked questions
- Resources for learning more.

Blessings,

Dr. Lehman/Karl