Title: "More Ukraine training follow-up"

July 29, 2024

Greetings all,

Just a quick note to share more follow-up from the Immanuel Approach trainer who has just gotten back from Ukraine. Excerpts from her ministry letter:

"A huge thank you for your prayers for the seminar last week. There were 130 participants. The heat was incredible -- in the upper 90's, which is 20 degrees hotter than normal. It was very hard for people to sleep at night because there is no air conditioning in those buildings, and little ventilation. The first day I took six cold showers in between sessions!

"Electricity was off for many hours each day, but there was a generator which maintained mics and projectors and some air conditioning in the main hall. We finally began to have thunder showers Wednesday afternoon when we were more than half way through. But it definitely did bring some relief. The beautiful thing was that most of the people were totally engaged. People looking for healing of their own pain and trauma, as well as those involved in reaching out and helping others.

"All of us are living in a country that is at war. Men are dying. Men are injured. And civilians are dying and injured. Including children. Air sirens often sound. Power outages have become the norm, which adds another level of instability to life. Fear, anxiety, uncertainty. Yes, that sums it up for many people.

"I was amazed at how willing people were to participate. What I loved most is when people began to make connections themselves to Bible verses and principles that I had not mentioned. And all of this is done within the framework of brain science and how God has created us to function best. Hand in hand....

"For one pastor, this was his second Immanuel Approach trainng. He told me personally last time that he just couldn't grasp what I was talking about in perceiving Christ's presence with us—being aware of it—and then he did! This time he gave a public testimony that in the memory of a very touching moment with his son, he perceived Jesus being there with them. It touched a deep place in his heart as he works through wounds in his past....

"I did get sick almost immediately after the seminar. A virus that kicked in full strength Thursday

evening! Coughing, coughing, sneezing, aching. We had stayed in Kyiv to take a break before returning home. That wasn't the break I was thinking of!! Monday morning I woke up feeling much better, which was important since we had a five-hour trip home by bus. It was in the 80's temperature-wise, and I figured that it would be miserable as usually there is minimal ventilation. Surprisingly, this bus had air conditioning! This is a company we travel with all the time, and this was the first time I knew they had any with air conditioning!!

"When these things happen I always think of all of the people who are praying. People praying-and my staying healthy and strong during the seminar. People praying--and the participants able to engage even though they were sleeping badly during the night because of the heat. People praying--and our having an easy trip home instead of the miserable heat we were expecting!...It always heartens us to know that so many people surround us with their prayers-- on our behalf, and on behalf of Ukraine."

Thanks again for your prayers, and blessings,

Dr. Lehman/Karl

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