

Title: “New Book – Introduction for **Non**-mental Health Professionals”

August 26, 2024

Greetings all,

Just a quick note to let you know that our new book, *An Introduction to the Immanuel Approach*, is now available:

Hard copy (Humble Shack): <https://humble-shack.myshopify.com/collections/immanuel-approach-dr-karl-lehman>

Digital version (Pathwright): <https://immanuelapproach.pathwright.com/library/an-introduction-to-the-immanuel-approach-digital-book-225622/about/>

This small book is truly an **introduction** to the Immanuel Approach. Not a condensed version of the basic training seminar. Not a condensed version of *The Immanuel Approach* book. It is an *introduction* that provides a brief overview of the Immanuel Approach, along with a very large sample of true-story examples.

The sister volume to this book, *An Introduction to The Immanuel Approach for Mental Health Professionals*, has been written especially for *mental health professionals*. In contrast, this book is especially written to provide an introduction to the Immanuel Approach for *everyone else* (for example, lay people who want to use Immanuel Approach principles and tools with their families and friends, pastors who want to use these principles and tools with their parishioners, and non-mental-health-professional emotional healing ministers who want to use these principles and tools in their ministries/with their clients).

The main components of this small volume include:

Very brief discussion of biblical foundations

Brief discussion of components, principles, and process

Brief discussion of why/how the Immanuel Approach is unique/new/different

True-story examples/Immanuel stories (many—about half of the book)

New formulation of the role of the emotional healing minister/mental health professional

Evidence verifying the effectiveness of the Immanuel Approach

Frequently asked questions

Resources for learning more

Every church should have a case of these for introducing parishioners to the Immanuel Approach. Every Christian counseling center should have a case of these for introducing clients to the Immanuel Approach. In fact, every person should have a case of these for introducing their family and friends to the Immanuel Approach. (Okay, so maybe not a whole case, since these books are very small a there are 64 in each case. But every person should have a bunch of these.)

Blessings,

Dr. Lehman/Karl

Want to support the Lehman's Immanuel Approach work? Click here for more information:
<https://www.immanuelapproach.com/supporting-lehmans-immanuel-approach-work/>