

Title: "Mountaintop Experiences"

September 16, 2024

Greetings all,

Just a quick note to let you know that I have posted a new supplementary chapter for the big lion book. Chapter 35e, "Mountaintop Experiences," discusses how to correctly perceive the highs of mountaintop experiences (and enjoy them for the blessings that they are), how to avoid being deceived by the lows of triggered discouragement, and how to deliberately settle into a lifestyle of steady transformation.

<https://www.immanuelapproach.com/wp-content/uploads/2024/08/Chapter35eMountaintop.pdf>

Blessings,

Dr. Lehman/Karl

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