

Title: New LMS DVD -- *Rita #3: Jesus is Better Than Candy*

October 20, 2009

Greetings all,

Just wanted to send a quick note to let you know that a new live ministry session DVD (*Rita #3: Jesus is Better Than Candy*) is now available. Those who attended the June 2008 THRIVE conference in Springfield may remember one of the condensed sessions about a woman who was triggered by a situation in the present where she felt excluded, and then went back to childhood memories with similar painful dynamics of feeling excluded. You may also remember that in the childhood memories she had turned to candy for comfort, and that one of the "fruits" of the healing session was a change in her relationship with "sweets." This is the full session from which the segments shown at the THRIVE conference were taken. A pdf version of the written commentary is attached, and this can also be downloaded from our website <https://www.immanuelapproach.com/products-page/>.

For those who have been asking us for more resources regarding the Immanuel approach to emotional healing, this session provides an excellent example (including the initial steps of positive memory recall, deliberate appreciation, and refreshed connection with the Lord).

Blessings,

Dr. Lehman/Karl