

Title: Psychological Trauma, Implicit Memory, and the Verbal Logical Explainer (VLE) – Seminar DVDs Now Available

August 25, 2009

Greetings all,

After hundreds and hundreds and hundreds of hours of work, the DVDs for our most recent seminar, “Psychological trauma, implicit memory, and the Verbal Logical Explainer (VLE),” are finally available. This four DVD set is our first package of “stand alone” teaching material, designed to be accessible to the average lay person without the need for any previous understanding of Theophostic or THRIVE material, and includes ~five hours of lecture, power point slides, and clips from two live ministry sessions (including segments from a new session not yet available in any other context), and an hour of questions and answers. Specific topics discussed include emotional trauma, implicit memory, triggering, the “verbal logical explainer,” attunement, and relational connection circuits. The recently posted essay, “Triggered traumatic content and Verbal Logical Explainer (VLE) confabulations,” provides a good “preview” of some of the seminar content, with the seminar including many more stories and examples. I have also included (below) additional descriptive text from the DVD cases.

Blessings,

Dr. Lehman/Karl

Text from the DVD cases:

What is "The Verbal Logical Explainer" (VLE)? And why is it SO important?

Join us for this fascinating presentation of both brain science, and true stories of personal transformation, and you'll find out why. In his signature style of humbly sharing from his own healing journey, while also presenting compelling scientific evidence for the model of trauma and healing which he teaches, Dr. Lehman introduces the viewer to key concepts for understanding themselves and the people around them. If you're like most of the folks who've helped us test this material before recording it, you'll find it enlightening, and a bit sobering, too! Thankfully, Karl also shares simple yet effective new tools for recognizing and addressing the challenges he describes. Karl and Charlotte have found the understanding and tools presented here to be profoundly life-giving for their marriage, and all their closest relationships. We hope you'll join us – and the rest of our “testers” – as we put this material into practice, and discover the full measure of blessings God wants to bring through it!

This seminar:

- Gives a research-based definition of psychological trauma, and explain how the toxic

content from unresolved trauma comes forward as “invisible” implicit memory

- Presents research and case studies that provide information about the “Verbal Logical Explainer” (VLE) – the part of our brain/mind whose job it is to make sense out of our experiences.
- Shows how traumatic implicit memory interacts with the VLE to produce sometimes comical, sometimes costly, misinterpretations of our life experiences. These misinterpretations then have the power to wreak havoc in our closest relationships – spouse, family, community.
- Provides simple yet effective new tools for recognizing and limiting the damage of “invisible” implicit memory and VLE misinterpretations