

Title: Immanuel Approach Training and Healing in Kenya

June 27, 2010,

Greetings all,

I have been working on a section for our upcoming book that includes a brief summary of testimonies regarding the work the Lord is doing through the Immanuel approach, and I thought it would be encouraging to send these pieces out to you. Pieces of some of these stories have gone out in earlier e-mails, but these are the most updated and complete accounts. This Fourth installment is a story about Immanuel Approach training and healing in Kenya.

Blessings,

Dr. Lehman/Karl

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Immanuel Approach training and healing in Kenya:

And then there is our friends Andy and Kristin Ross. Andy grew up in Kenya as the child of missionaries, and his whole family returned for an extended visit this past summer (2009). As plans were being made, Andy had the thought "why not do some teaching about the Immanuel approach while we are in Kenya?," and to make a long story short, Andy and Kristin ended up presenting five different seminars during the six week trip. The seminars were from one to three days in length, and all of the seminars included "lab" time where Andy and Kristin lead the participants through Immanuel approach group exercises. Participants included missionaries, teachers, pastors, and social workers, many of whom work in urban slums, and many of them experienced healing during the exercises.

For example, one woman's pain included anger towards her son. Her group helped her to invite Jesus into the memories associated with this anger, and then to interact directly with Jesus regarding the painful aspects of these experiences that still upset her. At the end of the exercise she reported feeling peaceful, and noted that the physical pain in her neck had decreased since Jesus had resolved the pain in the memories. In another group, one of the men had been very angry about being put in jail unfairly by corrupt police, but after inviting Jesus into the memory and interacting with Him regarding the pain he reported that his anger was gone and that he no longer harbored judgment or bitterness towards the officers who had wronged him. In yet another group, a number of leaders from the same church did the exercise together. They had been angry with a neighboring pastor who had been "stealing sheep," or luring members from their congregation to his, but during the exercise Jesus spoke

to them and told them that they needed to forgive this man. By the end of the exercise they had all agreed to meet with him and forgive him upon their return home. In several other groups people went to memories of conflicts with various family members, and all of these people reported that the negative emotions from the conflict memories resolved as they went through the exercises. A woman from one of these groups later commented that certain especially hurtful words her daughter had spoken had been circling in her head for days, but that these hurtful words were completely gone by the end of the exercise.

Andy and Kristin also facilitated individual Immanuel sessions with children in an orphanage and in a boarding school, and they saw the Lord's healing work in these settings as well.