

Title: New LMS DVD -- Steve: *"Just" Be with Jesus*

July 15, 2011

Greetings all,

Just a quick note to let you know that we have finally completed the Steve live ministry session (*Steve: "Just" Be with Jesus*). Many of you have seen the condensed version of this session at the 2008 and/or 2011 THRIVE conferences, where I showed it as an example of how the Lord's agenda in Immanuel sessions is sometimes something other than healing trauma. It's almost funny, as I keep trying to direct the session to working on trauma, but every time Steve asks the Lord for guidance He responds with "No, I want you to just spend time with me." Eventually it becomes clear that this is a good plan, since one of the major issues in Steve's life was that he was working too hard, and needed to spend more time "Just" being with the Lord, receiving restoration. I have included the session summary below.

Blessings,

Dr. Lehman/Karl

Steve: "Just" Be with Jesus, session summary: In this session, Steve starts with recalling/reentering the memory for a previous Immanuel session in which the Lord healed a childhood near-drowning trauma, and then takes time for deliberate appreciation. As he reconnects with the memory and names specific things he appreciates, Steve moves spontaneously from *remembering* a past connection with the Lord to a new, living, interactive connection with the Lord *in the present*. I coach Steve to focus on Jesus and ask Him for guidance regarding the session, including where to start and what to work on, and the Lord initiates a beautiful interaction where Steve receives restoration as he sits in the Lord's lap. The remainder of the session consists of my repeatedly asking whether we should shift the focus to working on unresolved trauma, with Jesus responding by repeatedly inviting Steve to "just" sit in His lap and receive restoration. During the four years following the session Steve observes a number of lasting changes, including much better balance in his life, and the ability to receive restoration by regularly spending time with the Lord. Finally, during the follow-up interview, Steve is able to reestablish an interactive connection with the Lord, and Jesus initiates healing for the trauma splinter that I had been trying to get to during the initial session.