

Title: New Essay – The Immanuel Approach and OCD

August 16, 2011

Greeting all,

Just a quick note to let you know that we have just posted a new essay. We have gotten a steady stream of questions about obsessive compulsive disorder (OCD) over the past ten years, and I finally got around to compiling my informal e-mail consultations into an essay (posted in the Special Subjects/Advanced Topics section of the Resources page). We hope many of you will find it to be helpful.

Blessings,

Dr. Lehman/Karl

Want to support the Lehman's Immanuel Approach work? Click here for more information:
<https://www.immanuelapproach.com/supporting-lehmans-immanuel-approach-work/>