

Title: New Live Ministry Series (LMS) DVD -- *Rita #1: Advanced Immanuel Intervention*

February 6, 2013

Greetings all,

Just a quick note to let you know that a new Live Ministry Session (LMS) DVD is now available <https://www.immanuelapproach.com/products-page/> . I am also including the detailed session summary, below, which provides a more complete description than the short summary on the DVD package or the CARE website.

****Note that the live session footage presented in this DVD is the same material as is incorporated into the Immanuel & Capacity DVD set.****

Blessings,

Dr. Lehman/Karl

Rita #1: Advanced Immanuel Intervention, detailed session summary: The advanced Immanuel intervention troubleshooting presented in this DVD occurs in the context of a larger Theophostic-based¹ emotional healing session. The full session ends with the end of the portion presented here, but there are about forty minutes of session before this segment, and a short summary of this initial work is needed to provide context for the Immanuel intervention trouble shooting (and following) presented here. The first part of the session leads Rita to a memory in which she was extremely upset about certain aspects of her relationships with her mother and grandmother, and she had just gone upstairs to her bedroom, where she lay on her bed screaming and crying uncontrollably. As we try to work with this memory, it seems that there are internal child parts that will not let Rita connect with the painful emotions, and that will not allow Jesus to be tangibly present in the memory. My assessment is that, in her true heart, Rita does want Jesus to be present, and that she will let Him help her, but that something is causing her internal child parts to block this. So I therefore transition to the portion of the session presented on this DVD.

When I am working with a person and we discover that internal parts are deliberately preventing her from being able to perceive the Lord's presence or establish an interactive connection, I have found that I can almost always negotiate with the parts to eventually find conditions that are acceptable for allowing Jesus to be present. So in this session with Rita, I work with her child parts to clarify the underlying guardian lie fears that are causing them to

¹This session took place before we had fully developed the Immanuel approach to emotional healing. Even with the inclusion of Immanuel interventions, at this time we were still referring to our work as Theophostic-based emotional healing.

block connection with Jesus, and then we work together to find a scenario in which it would feel safe to allow Jesus' tangible presence. Once they allow Jesus to be present, I simply coach them to get to know Him by engaging with Him directly. For example, "Just watch Him for a while if it doesn't feel safe to let Him speak or move. What does He look like? Is He angry? Does His face look mean or nice?" "Just tell Jesus about the things you are afraid of, and see how He responds. You can ask Him to answer, or just watch His face for a while, if that feels less scary," "If it feels safe to let Him talk, are there any questions you want to ask Him?" etc. As they get to know Jesus they increasingly trust Him and like Him, at some point they become willing to let the person establish an interactive connection, and she can then begin to engage directly with Jesus as the foundation for the rest of the session.²

This session with Rita provides an excellent example of this phenomena. First I help her internal parts identify and clarify their guardian lie fears: fears that Jesus would neglect and disappoint them relationally (fears that were anchored in memories of what had happened with her mom and Grandma), and fears that Jesus would tell Rita she was bad and make her feel guilty (fears anchored in memories of what the nuns at her Catholic school had told her about Jesus). Once these fears have been identified, I then begin negotiating possible conditions that will help them to feel safe enough to allow Jesus to be present. For example, asking Jesus to stand on the other side of the room (more distance always feels more safe), asking Jesus to not do anything or say anything until they give Him permission (protecting against Jesus telling Rita she is bad, making her feel guilty, or trying to quickly build hopes that might lead to disappointment), and asking Jesus to face away from her (all social interactions feel less intense, and therefore less frightening, when you cannot see the person's face). Interestingly, in this session, during the negotiation process the parts express the fear that Jesus might be offended by our proposed conditions; and when I suggest that they ask Him about this, even though they can't yet perceive His presence, they do this and quickly received a gentle, reassuring answer. This brief interaction with Jesus is apparently quite reassuring, because the parts then quickly decide to invite Jesus to be with them. And once Rita's child self and the internal parts perceive Jesus' tangible presence in the memory, the internal parts that had previously been blocking the process choose to fully cooperate with Jesus and me for the rest of the session.

Not surprisingly, with Rita's child self and internal parts fully cooperating, the remainder of the session requires the use of only basic Immanuel approach techniques. Mostly, Rita engages directly with Jesus, and He initiates many beautiful interactions as well as leading the work to resolve unfinished processing tasks. At the few points at which questions or slight difficulties arise, I just coach Rita and/or her internal parts to focus on Jesus and ask Him for guidance and help. For example, at one point Jesus invites Rita to look into His eyes, but Rita was afraid to do

²This same approach also works for any other situations in which internal parts are deliberately blocking some aspect of the Immanuel approach, such as situations in which the person perceives Jesus, but internal parts are not allowing Him to come close enough to be able to provide the full measure of assistance that is needed.

this. I just coach her to ask Jesus for guidance and help, and when she does this she quickly goes to a memory in which she's slapped with more intensity because she's looking into her mother's face at the moment she is hit. I just coach her to invite Jesus to be with her in this memory, and when she does this she immediately experiences His comforting, healing presence: "I can feel Him lifting my chin up....and like holding my face [in His hands], saying...that's how my mother's hands should have been used, not the way they were." After this brief interaction her fear of looking in Jesus' face promptly resolves, and then she thoroughly enjoys responding to His invitation.

At the follow up interviews (nine months and ten months after the original session), Rita observes a number of lasting changes. She can still perceive God's presence in the memories we worked with during the session, she reports being less triggered, she feels more able to allow the Lord to come close and more able to listen to him, and she describes being less guarded and more loving.