

Title: Another Supplementary Chapter – Memory-Anchored Distortions,....

October 11, 2017

Greetings all,

Just a quick note to let you know that we have posted another supplementary chapter (Chapter 35c, with the other draft chapters on the “Getting Started” page of the Immanuel approach website). I have included the introductory paragraph below.

Also, thank you to those who have been praying for the Association of Christian Therapists conference that Charlotte and I spoke at a few weeks ago. It went very well and we are grateful.

Blessings,

Dr. Lehman/Karl

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Supplementary Chapter 35c, Memory-anchored Distortions, Hindrances, and Blockages

(introductory paragraph): As just mentioned in the previous chapter, and as illustrated by many of the story examples throughout the book, distortions, hindrances, and blockages that are *anchored in underlying traumatic memories* are very common and very important. We *all* have them, they are *everywhere*, they are surprisingly difficult to spot, and they exert huge-but-sneaky negative effects on our relationships with God. In fact, these memory-anchored blockages are so common and so important that I have devoted this entire (long) chapter to discussing them at greater length.