

Title: "Endorsement from Uganda missionary"

November 8, 2016

Greetings all,

A quick note to share yet another encouraging, inspiring endorsement.

Blessings,

Dr. Lehman/Karl

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"As a young missionary serving overseas, I had a bad taste in my mouth regarding traditional counseling because it would never be available to so many who needed it so badly. My overseas work brought me face to face with the devastating consequences of warfare, generational unrest among sub-tribes, violated human rights (especially amongst women and the most vulnerable of the population), and other ongoing trauma. This, in turn, exposed my own past trauma – I thought I had resolved these deep wounds, but as I encountered so much trauma on the mission field, I discovered that I had actually just scratched the surface regarding my own healing. Furthermore, I saw dear friends walk through far more severe trauma, and I was at a loss how to help them. I even felt guilty seeking the counseling I needed for myself, because I knew my best friend in the village would never have the opportunity or the means to sit across from a trained professional who could bring healing. I struggled to find a Christ-centered approach to healing that was simple, transferrable, and that didn't require loads of specialized training or years of school. Ultimately, I felt helpless in my own journey to healing and hopeless regarding the possibility of bringing true restoration to those I live among. With little faith and a lot less hope, I took a friend's recommendation to try Immanuel Prayer. *And it changed everything!*

The Immanuel Approach turned out to be just what I was looking for – simple, incredibly transferrable, and not requiring a lot of training, so that it could actually be available to the high-need, low-resource people that I live with and minister to. Furthermore, Immanuel Prayer is by far the greatest catalyst I have seen for enabling individuals to dive into true intimacy with Jesus, *even cross-culturally*. In this book, Dr. Lehman presents principles, examples, and practical steps that provide a framework for walking another, and even yourself, through deep healing and ultimately into an intimate relationship with the lover and pursuer of our souls. A must-read for any Jesus-follower encountering another broken soul in need of true healing."

Elise Heidi, BSW
Missionary with the Advance Him team in Uganda