

Title: "New DVD Set: *The Immanuel Lifestyle and Sustaining Joy for a Lifetime*"

March 17, 2017

Greetings all,

Just a quick note to let you know that we have finished a new resource. This project has been waiting for the last two years because I was focusing all of my time and energy on the new book, but now with the book completed I have finally been able to get to this material.

At the 2015 Life Model Works Annual Gathering, Charlotte and I gave a presentation about the Immanuel *lifestyle*, or the Immanuel Approach *for life*. We described principles that we can weave into our baseline understanding of the world, skills we can learn and then practice regularly, and behaviors we can develop into daily habits. (For example, one can learn the skill and develop the habit of noticing when one's relational circuits go off, and then using simple interventions to bring them back online.) These principles, right-hemisphere maturity skills, and behavioral habits will help us to increasingly keep our brain, mind, and spirit in a place from which it is easier to perceive God's living presence and establish an interactive connection. The primary purpose for the Immanuel *lifestyle* is to keep us moving towards the place where our *baseline, normal* experience will be to perceive God's presence, and where we will *abide* in an interactive connection with the living presence of Jesus.

In this same presentation I also pointed out to the audience when my relational circuits went offline at several points during the presentation (due to triggers and other stressors), and then also demonstrated how simple interventions brought them back online. (Many have said that this part of the presentation helped them to finally "get it" with respect to relational circuits.)

Note that this teaching set of 2 DVDs is not just the straight recording from the conference. I edited out announcements, pauses to adjust sound gear, unnecessary repetitions, etc. Furthermore, I used our excellent video editing software to put in all of the slide content, so that the outline slides, diagrams, and pictures are all woven into the presentation at the appropriate points.

We hope this will be a helpful resource for many of you (when broken up into pieces, I think it would make excellent material for a discussion group). This new DVD set is now available from Humble Shack, and a digital download version is available from our Pathwright platform.

Blessings,

Dr. Lehman/Karl