

Title: "New Supplementary Chapter – Memory-Anchored Distortions, Hindrances, and Blockages

September 9, 2017

Greetings all,

Just a quick note to let you know that we have just posted another new chapter of supplementary material for the Immanuel Approach book. (Chapter 35c. It is posted on the "Getting Started" page of [www.immanuelapproach.com](http://www.immanuelapproach.com), immediately after chapter 35b.) This chapter discusses distortions, hindrances, and blockages that are anchored in underlying traumatic memories. Hopefully, the explanations and true-story examples provided here will convince you that we *all* have these memory-anchored distortions, hindrances, and blockages, that they are *everywhere*, that they are surprisingly difficult to spot, and that they exert huge-but-sneaky negative effects on our relationships with God. I am also hoping to convince you that the most effective way to identify and resolve these hindrances is to embrace a lifestyle of ongoing Immanuel Approach healing.

Blessings,

Dr. Lehman/Karl

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