

Title “The Deadly Perils of the Victim Swamp: Bitterness, Self Pity, Entitlement, and Embellishment”

October 2, 2019

Greetings all,

Just a quick note to let you know that I have just posted our essay about the victim swamp in the Special Subjects section of the Resources page of the Immanuel Approach website. A number of people have asked about this essay, and I also now mention it in several of my seminar presentations, so I thought it would be good to have it available on the IA website. Here is the intro paragraph, and a direct link is provided below.

**Intro paragraph:** If a person “stands straight” in the pain of being wounded as a victim, he is in a good place to receive healing. The pain motivates him to seek healing, and “standing straight” in the pain is a spiritual and emotional position “open” to the Lord’s healing work. However, if a person gets mired in what we call the victim swamp, his bitterness, self pity, entitlement, and embellishment will hinder any attempt to heal the original wounds. This essay shares our thoughts about and experience with the victim swamp, and also includes sample prayers for releasing these patterns of thought and behavior.

**Link:** [https://www.immanuelapproach.com/wp-content/uploads/2019/10/victim-s.wmp\\_.pdf](https://www.immanuelapproach.com/wp-content/uploads/2019/10/victim-s.wmp_.pdf)

Blessings,

Dr. Lehman/Karl

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