

Title: 1 Page Immanuel Approach "Cheat Sheet"

December 5, 2019

Greetings all,

Just a quick note to let you know about another resource. Most ministry teams use more detailed exercise instructions (such as those I use for the exercises in the Basic training seminar) for facilitators who are just learning the Immanuel Approach process; and then once the facilitators have a bit of experience, they use a much shorter (ideally just one page) prompt/cheat sheet to give the facilitators brief reminders that are easier to find. I have just posted my version of the one page prompt sheet in the "Exercises/Prayers for Study Groups & Beginners" section of the "Resources" page of www.immanuelapproach.com (thank you to the IA team at Laguna Niguel Community Vineyard Church for the graphic layout).

Also, just a quick thought regarding possible Christmas presents: Live Ministry Sessions LMS #31, *Alex: Very First IA Trauma-Work Session*, and LMS #34: *Judy: Infant Primary Caregiver Absence Wound* are my new favorite Immanuel Approach sessions. Who wants to see live recordings of the gentle, wise, wonderful, living presence of Immanuel releasing profound, poignant, beautiful, powerful healing into the lives of His children? I do! I do! I do! Seems like good gift ideas for a holiday that is all about Immanuel. And if the full sessions feel too much like educational work (sort of like giving someone a text book for Christmas), I would proposed the condensed sessions as a less-work-more-fun alternative. (With LMS #33: *Live Emotional Healing Ministry ~ Condensed Sessions, 7th Set* and LMS #36: *Live Emotional Healing Ministry ~ Condensed Sessions, 8th* you would get the condensed versions for both the Alex and Judy sessions.)

Wow! What a wonderful idea for Christmas presents! Where can I find these wonderful, fun, encouraging, inspiring DVDs? Let's see -- that would be right here: <https://humble-shack.myshopify.com/collections/immanuel-approach-dr-karl-lehman>

Blessings,

Dr. Lehman/Karl

P.S. The Alex and Judy clips on the IA website and onYou Tube are the ~5 min "movie trailer" versions of these two sessions -- just glimpses of the best parts. The condensed versions included in the LMS #33 and LMS #36 collections are more like *Reader's Digest* versions -- all of the best parts in a lot more detail, but without the more technical pieces of how we got from one "best part" to the next.