

Title "Do-It-Yourself Category 1 CEUs for Lehman IA Seminars"

August 23, 2019

Greetings all,

Just a quick note to remind any mental health professionals about the do-it-yourself option for CEUs.

As I mention in the brochures, the bad news is that we are not able to offer pre-approved category 1 CEUs for all participants; but the good news is that many states allow each mental health professional to make their own, individual application for CEUs for a specific event. For example, in Pennsylvania the regulations for CEUs for LCSWs, LMFTs, and LPCs include the following: "(d) The Board may approve participation in other continuing education courses or programs for credit so long as the licensee submits, **prior to attendance**, an application for program approval and supporting documentation provided in § 47.35, and upon completion of the course or program submits verification of attendance."

The Pennsylvania application form for this approach to category 1 CEUs specifies the following as its list of required supporting documentation:

1. Detailed time schedule of program
2. List of presenters
3. Copy of course content
4. Course objectives
5. Copy of promotional materials (if available)

I have carefully prepared supporting documentation that includes these required items (trying to emphasize the many ways in which this material would be legitimate for mental health professional CEUs), and participants pursuing this CEU option will receive a certificate of attendance at the end of each of the seminars. These supporting documents are all included at the bottom of the Events section of the Training page of [www.immanuelapproach.com](http://www.immanuelapproach.com). I have also included the Pennsylvania application form (this is the one application form I have so far, supplied by a helpful social worker from PA who located it for me).

Note: If you pursue this option, please let me know how your state regulatory board responds. It would be very helpful for any others with the same credentials from the same state to know whether your application was approved. Also, if any of you track down the application forms from other states, please send these to me so that I may also post them.

Blessings,

Dr. Lehman/Karl