

Title: New Live Ministry Series (LMS) Session -- *Alex: Very First IA Healing Session*

September 24, 2019

Greetings all,

Some fun news – I have spent about a thousand hours over the last nine months working on ten new Live Ministry Session DVDs, and they are just about finished.

Here is the summary for one of the new sessions, and I have included links (below) to the two previews for this session (Preview1 is for the first part of the session, and Preview 2 is for a completely separate issue that was addressed in the second part of the session):

Session summary: In this 2018 session, we see a recipient who is very new to the Immanuel Approach. He has had only a couple of prior sessions, and these prior sessions only included the first IA components of positive memory recall, appreciation, and connecting with Jesus. This session is *the very first time he has ever worked with traumatic memories*.

After identifying “absence wounds” from the loss of his biological father as the tentative initial target,¹ Alex establishes an interactive connection with Jesus in the context of a positive memory. Jesus then leads Alex to the memory of his step-father’s death, which carried a painful sense of shame for being weak and needy, and also a painful sense of being neglected and left alone as everyone cared for his mother. Alex receives profound, beautiful healing for this trauma, and is especially blessed by Jesus’ reassurance that Jesus will stay with him (as opposed to hurrying off to something else more important). Jesus then leads Alex to a second memory of a rare visit to his biological father, and heals the painful shame Alex felt when his father publically rebuked him for clogging the toilet.

Healing work in each of the trauma memories includes brief, basic troubleshooting. In the memory of his step-father drowning, Alex’s perception of Jesus becomes very faint after an initial good connection, and in the second traumatic memory Alex is initially unable to perceive Jesus with him in the memory. In each of these two traumatic memories, we identify a guardian lie (or blocking belief) along the lines of, “I don’t want Jesus to be here, because His presence will make this shame I feel be even worse.” And both of these blockages provide teaching examples of brief, easy, basic Immanuel Intervention troubleshooting: as soon as we focus the guardian lie, get words for it, and then express it directly to Jesus and ask for help, the blockage resolves and Alex is able to establish a clear, strong interactive connection with the living presence of Jesus. (Time on tape for each of these two Immanuel Intervention troubleshooting blocks: 36:57 to 41:47, and 1:00:46 to 1:03:42)

¹ Alex’s parents were divorced when he was very young, and he then had very little contact with his biological father throughout his childhood.

Once Alex establishes good connections with Jesus in each of the traumatic memories, this session provides nice examples of basic Immanuel Approach healing work: I mostly coach Alex to focus on Jesus, ask Jesus for guidance and help, and then report what comes into his awareness. And then Jesus does most of the work.

Alex: Very First IA Healing Session, Preview 1, https://youtu.be/F_pFMptCAgY

Alex: Very First IA Healing Session, Preview 2, <https://youtu.be/CjNO5N0kMUI>

Blessings,

Dr. Lehman/Karl