

Title: Challenging Safety-Net Scenarios – Second Intermediate-Level Scenario

October 6, 2020

Greetings all,

As mentioned earlier, using the Immanuel Approach safety net is usually easy and straightforward. However, you will occasionally encounter more challenging scenarios. The previous teaching segment (seg #8) addressed the most common of these “more challenging scenarios” - training exercises or healing sessions in which the recipient has an extra-long pain story or is going round and round as he talks about the pain related to an experience of being triggered, and is therefore still talking about his pain as you approach the end of the available time. In these scenarios, you actually have to interrupt the recipient, as he is still talking about his pain, in order to deploy the safety net; and this creates a bit of a mis-attunement bump.

In segment #8 of the basic training videos, I teach briefly about the second intermediate scenario – training exercises or healing sessions in which you are approaching the end of the available time, but the recipient is so deeply immersed in intense traumatic memories that she does not want to cooperate with the safety net, but rather just wants you to stay with her and help her in the place of pain and trauma. I also explain how to address this second intermediate-level safety-net challenge by adding an additional intervention to the enhanced version of the safety net; and then Charlotte and I demonstrate what it looks like to encounter this intermediate-level safety-net challenge, and what it looks like to address this challenge by deploying the enhanced+ version of the safety net.

Blessings,

Dr. Lehman/Karl

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