

Title: Challenging Safety-Net Scenarios – First Intermediate-Level Scenario

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Greetings all,

Fortunately, using the Immanuel Approach safety net is usually easy and straight-forward. However, you will occasionally encounter more challenging scenarios. The most common of these “more challenging scenarios” occurs at the end of a training exercise or healing session in which the recipient has an extra-long pain story or is going round and round as he talks about the pain related to an experience of being triggered, and is therefore still talking about his pain as you approach the end of the available time. In these scenarios, you actually have to interrupt the recipient, as he is still talking about his pain, in order to deploy the safety net; and this create a bit of a mis-attunement bump.

In segment #7 of the basic training videos, I teach briefly about these situations in which the recipient is still talking about his pain as you approach the end of the exercise/session, I explain how to address this safety-net challenge by adding two additional interventions to the usual safety-net, and then Charlotte and I demonstrate what it looks like to encounter this intermediate-level safety-net challenge and what it looks likes to address this challenge by deploying the enhanced safety net.

Blessings,

Dr. Lehman/Karl

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