

Title: *Journal of Psychology & Christianity*, Article About the Immanuel Approach

September 12, 2020

Greetings all,

I often get e-mails (especially from Christian mental health professionals) asking me for resources that will help support the credibility and legitimacy of the Immanuel Approach. Thanks to Jim Wilder PhD, Fernando Garzon PsyD, and Eric Johnson PhD, we now have an excellent, new, carefully written article, "A Christian Multi-Modal Approach to Therapy Utilizing Inner Healing Prayer: The Life Model," just published in a well-respected, peer-reviewed professional journal, *The Journal of Psychology & Christianity*. Its main focus is obviously the Life Model, but it discusses the Immanuel Approach as a very important component of the Life Model, and includes well-reasoned and thoroughly footnoted arguments supporting the credibility and legitimacy of the Immanuel Approach.

And just in case anyone is feeling offended on my behalf – that I was not included in this writing project – there is no need. I was invited to participate (and wish I would have been able to), but just didn't have space in my life to take it on.

**Link to new article in *The Journal of Psychology & Christianity***

[We are glad to give you access](#)

Blessings,

Dr. Lehman/Karl

P.S. For additional resources supporting the credibility and legitimacy of the Immanuel Approach, see the following two essays in the Special Subjects/Advanced Topics section of the Resources page of [www.immanuelapproach.com](http://www.immanuelapproach.com): "The Immanuel Approach in the treatment of clinical disorders," and "The Immanuel approach and other forms of psychotherapy."