

Title: Podcast with Dr. Mark Virkler

January 26, 2021

Greetings all,

Just a quick note to let you know about a fun new resource. Dr. Mark Virkler and I recently recorded a conversation about the Immanuel Approach, two-way journaling, and brain science. Dr. Mark describes the two-way journaling that he teaches – a simple technique for helping a person to establish a two-way, back-and-forth, interactive connection with God; and then I talk about how God has designed our brains to work best in community, and about how this fascinating brain-science supports both the Immanuel Approach and the two-way journaling that Dr. Mark teaches.

The podcast of this conversation is posted here:

<https://www.youtube.com/watch?v=XQoav6D7GUo&feature=youtu.be>

And the associated blog is posted here: <https://www.cwgministries.org/blogs/hearing-god%E2%80%99s-voice-and-brain-science-%E2%80%93-virkler-lehman>

Blessings,

Dr. Lehman/Karl

Want to support the Lehman's Immanuel Approach work? Click here for more information:

<https://www.immanuelapproach.com/supporting-lehmans-immanuel-approach-work/>