

Title: "Identity Transformation with IA Lifestyle"

November 11, 2021

Greetings all,

Just a quick note to share yet another Immanuel Approach testimony.

Blessings,

Dr. Lehman/Karl

Testimony from Bob W.:

Every moment I spend with Jesus has a testimony. It seems like my regular Immanuel sessions and my day-to-day interactions with Him all tell a story of the incredible reality of God with me. My life testimony of my Immanuel journey is really a composite of all those encounters with Him. After a pre-Immanuel lifetime of not doing emotions, I can say that for the first time in my life, I am FEELING life. It's not always pleasant. But it's life! I can report that my relationship with Jesus is so much more settled. How I see how He sees me is more settled. How I see myself is significantly improving. And my ability to relate to others is continually developing. All of this is aggregate fruit from being with Jesus, letting Him be Himself with me and letting Him into the places in my heart that have been hidden away. It's like living out the 1 John 3:2 process; "when we see Him for who He truly is, we become like Him." The sanctification process in action through relationship with the Sanctifier!

But every once in a while, Jesus has done something that has transformed my life in an instant. One such moment I will never forget. I was in my regular session with my coach. We worked through finding a positive memory, feeling gratitude and connecting with Jesus. I talked through some current issues with Him and He brought me to a memory place where as a child I felt that same emotional stew. In that memory He healed the emotions by just being there with me as that little child and I felt peace, comfort and a calm sense of ease with Him. Really quite miraculous how this works.

After I felt settled with Jesus, my coach said, "we have a few more minutes left. Jesus, do you have anything else for Bob today?" I looked at Jesus back in the present connection with Him in the room with me. He looked so comfortable being there with me. He looked proud of me and totally accepting of me. He looked at me with a knowing, wonderful smile and said, "you are so different, Bob." There was something about the way He said it. It penetrated down to my very core. He wasn't saying I am different in the sense of how much I've changed (although there was a bit of that included). It was more related to my identity. I have always struggled with what it means to be a 'man' in this world. Or what it means to be a 'man' in the church. Or how about what it means to be a 'man' involved in a ministry that is all about INTIMACY? What

Jesus communicated to me in that instant was that I am different...And that's good! In a split second, He allowed me to feel good about myself and how different I am. I really wasn't even aware of how strongly uncertain I have always felt. He communicated this in a way that only He could. If someone had said this phrase to me, I would have smiled and nodded politely. But Jesus...There's something about the way He says things and does things that come from a deep, deep knowledge of who I am. And when He says, or does it, it hits my heart and feels so true. However He does it, all I know is that the moment He said this to me I was transformed. I haven't been the same since. Something so seemingly simple, yet so absolutely profound. That moment truly altered the trajectory of my life. And it was something that only He would know about. And something only He would know the importance of in my heart. Thank You Jesus!