

Title: New Podcast: Appropriate Role of IA in Care of Major Mental Illnesses

February 28, 2021

Greetings all,

Just a quick note to let you know about another new podcast. I recently recorded a conversation with Face to Face Ministries (Melinda Wilson and Cathy Little), discussing the appropriate role for emotional healing ministries in the care of major mental illnesses. One of the most important topics I discuss is the need to avoid the false dichotomy of “EITHER a problem is a true mental illness, needing treatment with psychiatric medication; OR a problem is caused by psychological trauma, needing treatment with emotional healing.” I talk about the BOTH-AND approach to understanding mental illnesses, psychological trauma, and emotional healing. (And you want to put your seatbelt on – I kind of got revved up, and covered two to three hours of material in 60 minutes.)

I have also just posted nine essays that augment the content from this podcast – all available as free downloads from the Special Subjects/Advanced Topics section of the Resources page of our website (www.immanuelapproach.com).

On our website, the title for this podcast is “Major Mental Illnesses and Emotional Healing Ministries,” and it is now posted in the “Special Subjects/Advanced Topics” section, and also as another entry in the “Teaching Nuggets” window (located at the very bottom of the “Resources” page of www.immanuelapproach.com). NOTE: the “Teaching Nuggets” section does not show up on the drop down menu when you click on “Resources” from the menu bar at the top of the Home page. You have to actually **go to the Resources page**, and then scroll to the very bottom of the page. Also, on some devices the nuggets at the bottom will be out of view when the first screen opens – you have to scroll “below the fold” – that is, beneath the content initially visible.)

You can also use the following link to view the podcast from the Face to Face website:
<https://facetofaceministries.libsyn.com/e093-dr-karl-lehman-mental-health-and-heart-healing>

Blessings,

Dr. Lehman/Karl

Want to support the Lehman’s Immanuel Approach work? Click here for more information:
<https://www.immanuelapproach.com/supporting-lehmans-immanuel-approach-work/>