

Title: "Trying IA Was the BEST Decision I Have Ever Made"

December 12, 2022

Greetings all,

Just a quick note to share yet another fun Immanuel-Approach testimony:

"My name is Jennifer and I'm 46 years old. I have been a born again Christian for 40 years. I have been close to Christ and also so far from Him that He seemed like a speck. I have made horrible choices in my life, all the time knowing Christ was saddened by my life, but I also knew He never left me. I came back to God slowly 7 years ago. After meeting some incredible ladies and becoming friends with one particular lady, my desire to be more Christ-like went full-speed ahead. One person in particular touched my heart in a way I never knew before. She cared enough to introduce me to the Immanuel Approach. She sent me videos to watch and talked to me, answering many questions. I was nervous and uncertain, but gave it a try, and it was the BEST decision I have ever made. Being able to feel Jesus' presence during my painful memories has taught me that when I felt alone I was indeed not alone, EVER. I felt peaceful during those scary memories, which my human brain can't wrap around. I have been less obsessed with thinking about the reason for my bad memories. I have Jesus to thank for that. And believe me, I thank Him every day.

As for my good memories, they have been heightened. I ask Jesus to be with me and I can feel His presence. I had such a joy while in those moments that it made me feel giddy. I literally felt joy deep inside. I smiled bigger than I've ever smiled. I look forward each week to when I get to experience the Immanuel Approach. This is my special one-on-one time I get to spend with Jesus, and feel His love, and grow my friendship with Him."

Blessings,

Dr. Lehman/Karl

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