

Title: "InterVarsity Alumni Testimony #2"

April 6, 2022

Greetings all,

A couple of months ago I asked InterVarsity alumni for input regarding the Immanuel Approach. People sent in some really encouraging, inspiring thoughts and testimonies, and I thought it would be fun to share a few of these with the rest of you. Here's another one:

"I was a part of IVCF from 2010-2012 as a student and have had experience with the Immanuel Approach for the last 3-4 years....The Immanuel Approach has really been transforming my relationship with Jesus (and several of my family members' as well), so I am a huge proponent of it and am so grateful to you for all the work you have done to make it available to people including me. A few specific thoughts/observations:

-I think even just the introduction to the concepts that Jesus actually really does want me to experience him with me and that it is possible to experience that would have been invaluable to me. I was pretty hungry for that. And the aspect of practicing that together as a community.

-I think the Immanuel Approach would have been so helpful as I navigated challenges of sharing a room with someone, getting ready for post graduation, and even navigating some challenges I was having within IVCF itself.

- I think the positive memory connection would have helped to build up my capacity and my base of positive memories with Jesus.

-I'm finding that I have more and more to give others out of an overflow instead of muscling through trying to love people, which is what I did in college a lot I think. Having someone help me to receive from Jesus first would have been so helpful."

IVCF Alumna

Blessings,

Dr. Lehman/Karl

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