

Title: "Now Recruiting: Volunteers for Urbana"

June 6, 2022

Greetings all,

As I mentioned several weeks ago, we have recently gotten final approval to include volunteers on the prayer ministry team at Urbana, and our hope is to recruit 100 volunteers from the Immanuel Approach community who would join the 100 InterVarsity staff, so that we can have 200 people on the prayer ministry team. We are looking for experienced Immanuel Approach facilitators with high capacity, good discernment, good maturity skills, and who are not easily overwhelmed or triggered into their own stuff to the point of significant impairment.

So here's the really short summary (I will be sending out a follow-up note with all of the details shortly): Prayer ministry team members will participate in orientation all day Tuesday 12/27. We will help with setup, and get more orientation on Wednesday morning 12/28. And then for Wed, Thurs, and Fri afternoons we will be providing prayer ministry to Urbana attendees (three scheduled sessions, one hour each, with thirty-minute breaks in between each session). Also, we will have prayer time together, additional prep, and debriefing re previous sessions on Thurs and Fri mornings at 11:00.

We realize that this is a big ask. You will be giving four and a half days of your time, and you will also need to cover all of your own expenses (travel, lodging, and meals). But the big upside is that you will be in the middle of this exciting, historic Immanuel Approach adventure. And another big upside is that you will get to participate in Urbana 2022. (Whenever you are not engaged in Immanuel-Approach-prayer-ministry-related activities, you will be free to participate in the Urbana conference. See <https://urbana.org/> to get inspired about Urbana 2022. And you will not need to pay the usual \$715 registration fee.)

Also, it is absolutely, *absolutely*, **absolutely** necessary that you have your own care plan in place. The Immanuel Approach ministry at Urbana will be exciting, inspiring, and historic, but it will also be intense. We will have no idea what any given student might be bringing to their prayer session, and it is very possible that the issues that come up could trigger unresolved pain in your own life. So again, it is absolutely necessary that you have your own care plan in place – that you have one or more people (at Urbana with you, or available on zoom) who can support you and provide Immanuel prayer for you, should you become intensely triggered. We are expecting that there will be a LOT of students wanting prayer, so the InterVarsity staff will really need us to help carry the load, as opposed to becoming liabilities.

And the above paragraph about needing to have your own care plan is talking about a scenario in which you get triggered, *but you are still able to finish the session, after which* you can take a break and get some care from your support person(s). In contrast, if there is any real chance that you could get triggered to the point that you would need intense, urgent care from others *in the middle of a session you are facilitating*, then it would be best to provide intercession, and

maybe even be a zoom support person for a friend who is volunteering, but not actually be in the middle of the intensity at Urbana.

And again, I will be sending out a follow-up note with all of the details in the next couple of weeks.

Thanks and blessings,

Dr. Lehman/Karl

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