



David: Engage Directly with Jesus Re *Every* Trauma, Question, and Issue Case Study from Live Ministry Series (LMS) Commentary

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Session summary: This 2019 session provides an excellent example of low-intensity, basic Immanuel Approach healing work. It especially provides a nice example of coaching the recipient to engage directly with Jesus regarding every trauma, question, problem, and issue that comes up. After establishing an initial connection with Jesus, the Lord leads David to painful memories from his time at a performing arts high school. The Lord works with David to heal memories of feeling humiliated and forlorn when he would lose competitions with other students, the Lord works with David to heal shame he had felt for not being stronger in resisting gender discrimination at the school, and the Lord works with David to heal pain (and resolve bitterness) in memories for interactions with a kid who had been particularly antagonistic. One particularly beautiful part of the session is when Jesus initiates a surprising intervention to help David resolve anger he had felt toward the Lord in the first memory.

4 month follow-up -- lasting positive changes: At the follow-up interview four months after the session, David reports lasting positive changes that include dramatic decrease of the pain in the first memory, complete resolution of his anger toward Jesus in the first traumatic memory, complete resolution of negative content in the second memory, dramatic decrease of the pain in the third traumatic memory, and dramatic decrease in bitterness toward the person who had hurt him in the third memory. David also reported that he felt more calm since the session, and that his referee colleagues had also noticed this and commented on it.

Discussion/commentary:

Forgiveness flowing with surprising ease after healing: This session provides a good example of an interesting, encouraging phenomenon that I have often observed in Immanuel Approach sessions -- forgiveness flows with surprising ease after underlying trauma is resolved. Toward the end of the session, Jesus leads David to look at lingering, intense bitterness that he had been carrying for forty-nine years. Another boy at the school had been particularly antagonistic toward David, and as the Holy Spirit directed David to look at his memories of interacting with this kid David realized, "I hate him!" However, as David worked with Jesus to heal the pain in these memories, David began to feel spontaneous compassion and forgiveness toward the person who had hurt him, even without any work to address the bitterness/hatred directly.

Trauma splinters and nearby unresolved content: The follow-up interview also provides an excellent teaching point with respect to lasting fruit. When David thinks about and reconnects with the first traumatic memory, he realizes that the memory feels much less painful and much less upsetting, but that there is still some pain; when he thinks about the third traumatic memory is again realizes that the memory feels much less painful and much less upsetting, but that there is still some pain; and when he thinks about the person who hurt him in the third memory, he realizes that he feels much less bitterness but that some animosity still remains. Especially if we had focused on the remaining pain, we could easily have concluded that the session had been much less effective than we had initially thought, or even that the healing had not been real at all. *However*, when we checked more carefully we

discovered that the pain remaining in the first and third memories was actually coming from other issues carried in the same memories – other nearby, unresolved issues that we had not even identified during the session. The specific content that we had addressed was still fully resolved, but we had accidentally bumped into nearby issues.

Each of these observations are examples of a very important point: you can have real, powerful, lasting healing in an Immanuel session; but if there are splinters in the memory or related unresolved issues nearby, you can still find pain/negative emotions when you go back to check whether the initial/apparent positive results from healing have remained. And this is important because if you're not aware of this phenomena and don't check the details carefully, you can be misled into thinking that the initial healing somehow wasn't real. In the worst possible scenario, the recipient and/or facilitator will become discouraged and abandon the Immanuel Approach. *In contrast*, if you are aware of this phenomenon you will be careful to check, very carefully, regarding exactly where the pain/negative emotions are coming from. And if the initial healing was indeed real, you will discover that the specific target you addressed is indeed still resolved, but that a splinter and/or nearby unresolved issue is actually the source of the negative content.