

Sample “Condensed” Opening Prayer and Parameters

(For recipients familiar with IA, last revised 2/14/25)

Requests pertaining to the Immanuel approach:

“Lord, we ask that You would help us establish the foundation for Your healing work today. Please bring forward memories of past times when *person receiving* has experienced positive connection with You, please stir up appreciation in her/his heart, and we ask that You would refresh her/his perception of Your presence and her/his connection with You, here in the present.”

Prayer for the Facilitator

“Lord, I humbly acknowledge that I have sin, wounds, and lies that distort my understanding and hinder my ability to follow You (*if you are aware of being stirred up in any way at the beginning of the session, take a moment to silently acknowledge the specifics to the Lord*). I ask for special grace during this time, that You would carry my unresolved issues so that they would not get in the way.”

Dealing with the Demonic:

“Lord Jesus, we ask you to appoint representatives for all evil spiritual forces that are present.”

“We command all evil spiritual forces to be bound in and under the name and authority of the True Lord Jesus, and you must be bound to the representatives that Jesus has appointed. You will only manifest and communicate with each other as He allows and requires, you may not assist each other in any way, and you must be cut off from all outside spiritual forces. You must now return to Jesus and to _____ everything you have stolen from him/her. You must be stripped away from, and release, every part of _____’s mind. You must be stripped of all your schemes, plans, agendas, and orders, and lay these at the feet of the Lord Jesus now.”

“Lord Jesus, we submit to You the issue of compliance. We ask that You would deal with all evil spiritual forces that fail to comply. In the name of Jesus, we command all evil spiritual forces: at the moment you fail to comply, you will go and deal with the true Lord Jesus directly.”

General Introductory Prayer

“Lord Jesus, we stand together, and affirm the truth in faith, that You are here with us and that You love us – that even as we speak, You are preparing the way in the spiritual realm for _____’s forgiveness, deliverance, healing, and freedom. We thank you for, and release with our prayers, the victory You have already accomplished through Your death and resurrection and the healing you have already provided through your wounds.”

(Optional, as appropriate: “We ask you, Lord, to care for and speak directly to any internal parts of _____’s mind, that they might hear your voice and work with us to cooperate with your plans for forgiveness, deliverance, healing, and freedom.”)

“Lord Jesus, please guide every thought, image, memory, emotion, and physical sensation coming into _____’s heart and mind, and into my own heart and mind for guidance; and please give _____ the strength and grace to choose to see the whole truth, and to connect with the emotions he/she needs to feel in order to receive your healing.”