

Therapists, Ministers, Lay Ministers that Provide Immanuel Approach Emotional Healing: Chicago Area (Updated April 2025)

Really Important Notes

- **It is essential that the person who desires to receive emotional healing evaluate the person whom he/she is planning to see.** We try to present what we know about each of the providers listed here, but we do not have any oversight authority or provide formal supervision for any of these people, and cannot take responsibility for their work. The person seeking healing must ask questions initially, and then evaluate the process during actual sessions to determine whether the healing process with a particular provider is a good fit. It is very appropriate for the person seeking healing to evaluate the process on an ongoing basis, and to find another provider if necessary.
- Many, if not all, of the providers listed below, are trained and/or experienced in other forms of prayer ministry or counseling in addition to the Immanuel approach. **If you want to do emotional healing work using *only* the Immanuel approach, we encourage you to make that very clear to the provider from the outset of your work.**

Also, bear in mind that the plan that works best for your emotional healing may ideally include other elements in addition to the Immanuel approach. For example, it is sometimes helpful to take a session to “debrief” after every few Immanuel sessions; it is sometimes important to work with your therapist/minister to develop coping skills/tools (to help manage life during the time it takes to resolve underlying issues); it is sometimes important to get help from your therapist/minister in building a better support community; it is sometimes important to work with a Christian psychiatrist regarding medication to help control symptoms (even while simultaneously using the Immanuel approach to eliminate those symptoms at their roots). These additional interventions are not part of the Immanuel approach per se, but are often helpful/necessary in certain situations.
- **We know that there are many folks doing emotional healing work with the Immanuel approach who are not on this list.** Some who are very experienced, whom we know, are simply too busy to take any more referrals, and so have asked to not be on this list. Others work in a specific church or friend/family/ministry network that doesn't fit with taking outside referrals. Others we simply have not had occasion to meet, or there's some other unique reason for not being listed. We didn't actually set out to know everyone – it just seems the Lord has sent a lot of folks our way, and so we have become something of an unofficial networking hub.
- **If necessary, find/recruit your own provider:** We are working hard to train Immanuel approach facilitators, and to post profiles on the Immanuel Approach network directory (accessed from the Referrals page of our immanuel approach website (www.immanuelapproach.com)), but the small number of facilitators we are aware of are profoundly unable to provide sessions for the large number of people who want them. Therefore, an important part of the plan for meeting the overwhelming need for Immanuel approach sessions is for people to find or recruit their own Immanuel approach facilitators. Our essay, “Finding/Recruiting Your Own Immanuel Approach Facilitator” offers our thoughts with respect to how one might go about doing this.

The following list is in alphabetical order only, not order of recommendation.

Chicago-land Area:

Psychiatrists:

Bacon, Andrea M., M.D. Dr. Bacon is a physician who is Board-Certified in both Adult

Psychiatry and Child & Adolescent Psychiatry. We know her to be a woman of strong Christian faith and integrity. She has participated in Dr. Lehman's mentoring group in the past. Both Karl and Charlotte have been greatly blessed by receiving Immanuel approach inner healing work from Dr. Bacon. As a psychiatrist, she is able to do both medical psychiatric evaluation, prescribing medication as appropriate, and psychotherapy/ministry work as well.

Andrea Bacon MD
564 W. Randolph St., 2nd Floor
Chicago, IL 60661
Phone: 312-243-9919; Fax: 312-243-9929

Psychotherapists / Lay Ministers:

Bischoff, Jayne: We do not know Jayne personally, nor have we had the opportunity to observe her work. We found out about her through Margaret Webb's Immanuel prayer referral list. Jayne attends Glen Ellyn Evangelical Church, she is an experienced Immanuel approach facilitator, and she has been a class mentor for Margaret Webb's training seminars for many years. Jayne facilitates Immanuel approach sessions on a limited basis. Contact her if you are interested in receiving, observing, or apprenticing.

Phone: 630-682-4245

Calvary Way International Fellowship, Prayer and Care team: The Prayer and Care team Immanuel approach facilitators are lay people (as opposed to mental health professionals or clergy), but mature believers. They have studied our material extensively, they are consistently receiving their own healing, and they have had lots of practice facilitating for others. We have not had the privilege of personally observing these folks facilitating Immanuel approach sessions, but our close friend and colleague, Pastor Patti Velotta (see Training Resources section), is providing consistent, close supervision, and all reports we have heard are good with respect to effectiveness.

Prayer and Care team
Calvary Way International Fellowship 1117 South Milwaukee Ave. Office: Suite A-4
Gatherings: Suite A-14 Libertyville, IL 60048 (847) 247-4350

Cardia Counseling (Juliana Wilhelm and her team):

www.cardiacounseling.com

All the Cardia staff are Licensed Psychotherapists or Licensed Clinical Social Workers. Juliana, the director, has participated in one of Dr. Lehman's mentoring groups. We have not had the opportunity to observe Juliana or others on her team facilitating for others, but she did her own healing work in the context of the mentoring group, and displayed vulnerability and authenticity as she worked with Jesus to address her own issues. Juliana describes Cardia Counseling Center's relationship with the Immanuel approach as follows:

Cardia Counseling Center has been using "healing prayer" in therapy since 2001. Currently, we use Immanuel as our primary healing prayer approach. We have been learning alongside Margaret Webb for several years, She trained our staff in Theophostic and Immanuel. We also have been in a supervision group with Karl Lehman in Evanston for several years now.

We typically start any therapy relationship doing regular psychotherapy and, if the client wants to use their relationship with God to help them heal, we use Immanuel prayer to

address issues. If you have people who only want Immanuel prayer, we would be happy to do only Immanuel with them. Clients who want Immanuel are our favorite clients!

Email: cardiacounseling@gmail.com

Phone the intake counselor: 639.272.2313

Mail: 24w146 St. Charles Road, Wheaton, IL 60188

www.cardiacounseling.com

Central DuPage Pastoral Counseling Center

507 A Thornhill Dr.

Carol Stream, IL 60188

www.cdpsc.org

The following indented counselors are from Central DuPage Pastoral Counseling Center. Their bios are available at www.cdpsc.org.

Natter, James A., Psy. D. We do not know Dr. Natter personally, nor have we had the opportunity to observe him work. He was recommended to us by Margaret Webb. James has been trained in the Immanuel approach by Margaret Webb. He states that he is happy to facilitate Immanuel approach sessions if asked, and often recommends the Immanuel approach to those who are willing. He is a clinical psychologist who uses other types of therapy as well, including: cognitive behavioral, EMDR, Adlerian, Internal Family Systems, and clinical hypnosis.

Phone: 630-752-9750 ext.13

Kahn, Sandra, MA, LPC (Licensed Professional Counselor): We do not know Sandra personally, nor have we had the opportunity to observe her work. We found out about her through Margaret Webb's Immanuel prayer referral list. Sandra has observed healing prayer (including the Immanuel approach) to be beneficial for many of the clients she works with. When invited to include the Immanuel approach and/or other spiritual resources in her therapeutic work she welcomes the opportunity (often in a mix with other treatment resources). She has her MA in Clinical Psychology from Wheaton College, and Bachelors of Science from Valparaiso University.

Phone: 630-752-9750 ext.19

Church of the Resurrection, Wheaton: Church of the Resurrection offers Immanuel approach prayer sessions every other Wednesday evening by appointment. We found out about this ministry team through Margaret Webb's referral list, but have not had the opportunity to observe their work. Note that Rez also offers Thriving classes (use the same email address to contact the church for information regarding Thriving groups). Space is limited and people from Rez have first choice.

Email prayerappointments@churchrez.org to set up a time for an Immanuel approach prayer session or if you are interested in apprenticing with an Immanuel Prayer facilitator.

Caudell, Maggie : Lay ministry practice with Light On Ministries (not for profit org) in Elgin, IL. We know Maggie personally, and believe her to be a committed Christian. She has participated in several of our mentoring groups, and is receiving ongoing mentoring from us.

Maggie has a number of years of experience with the Immanuel approach, years of experience with Theophostic-based ministry, and previous experience in praying and teaching others about praying for healing. We have not had the opportunity to observe Maggie work, but we have heard good reports regarding her ministry. Work with the Immanuel approach is the center of her lay counseling practice.

Office number is 847-717-4878 ext 16.

Molly Emerson, MS and Sharon Ogden, MSW, LCSW with Immanuel Way Ministries. Molly and Sharon co-founded Immanuel Way Ministries (IWM), a Christian nonprofit, with the desire to bring mind, body, and spirit wholeness to the body of Christ. IWM offers in-person and remote mentoring groups for lay and professional facilitators (modeled after Dr Karl Lehman's group). In addition, they provide trainings, Immanuel Intensives, individual sessions, consultations, and supervision. They are currently developing an Immanuel Approach certification to ensure a foundational level of competency for facilitators to maintain the integrity of the Approach.

I have personally known **Sharon** as a participant of my professional mentoring group since 2011 and can attest to her commitment to emotional healing as evidenced by her own growth over the years and the service she continues to provide to others. I have personally known **Molly** as an active member of my professional mentoring group since 2016. I have witnessed her perseverance and courage towards emotional and spiritual healing for herself and her commitment to serving and training others. Sharon and Molly seek my ongoing supervision as they conduct their own Immanuel Approach mentoring groups through Immanuel Way Ministries. I have not had the opportunity to observe Sharon or Molly work, but I have heard good reports regarding their ministry.

Molly Emerson, MS, Co-founder, Certified Spiritual Director
630-561-3517, iwm.mollyemerson@gmail.com
Sharon Ogden, MSSW, LCSW, Co-founder, Certified Spiritual Director
630-399-4865, iwm.sharonogden@gmail.com

Rivas, Nancy, PsyD: Nancy Rivas is a *child* psychologist working out of the Meier Clinic in Wheaton. We have met her personally at several training events we have done at her church, and when she participated in one of our mentoring groups, and we believe her to be a committed Christian. We have not had opportunity to observe her work, but she reports good results. Nancy now incorporates the Immanuel Approach, and/or other Christian spiritual principles in her work, as she deems appropriate.

Meier Clinic
2100 Manchester Rd. Suite 1510 Wheaton, IL 60187-4561
(630) 653-1717 extension 222

Ross, Andy, MA, LPC (Licensed Professional Counselor): We know Andy personally as a friend and colleague. He has worked in our office since 2010 administratively and now he is working professionally as a counselor. Andy has received a lot of training from Dr Lehman. He has a Masters of Pastoral Counseling from Loyola University. He has strong relational skills and is a skilled Immanuel approach facilitator and trainer. Andy facilitates individual sessions, leads training and groups, and offers workshops. Depending on the circumstances Andy is open to traveling to other parts of Chicago-land and to offering online sessions.

Andy works out of Evanston, IL
Phone: 847-650-5195
Email: andy@andyrosscounseling.com

Vineyard Christian Church of Evanston, IL: The Evanston Vineyard has staff and lay people trained as Immanuel Prayer facilitators. We have not had a chance to observe their work.

evanstonvineyard.org
847-328-4544
2495 Howard St., Evanston, IL 60202

Wieland, Bob: Dr. Lehman knows Bob personally, and a close friend and colleague, pastor Patti Velotta, knows him well. He is a lay person (as opposed to mental health professionals or clergy), but a mature believer. He has studied our material extensively, and has been practicing the Immanuel approach regularly for more than six years (as of Nov 2017). Bob is consistently receiving his own healing, he has had lots of practice facilitating for others, and all reports we have heard are good with respect to effectiveness. Pastor Patti is providing consistent, close supervision. His ministry is called 1st Gen Ministries. He is also part of the Calvary Way International Fellowship's Prayer & Care Team.

Buffalo Grove area
e-mail: 1stgenministries@gmail.com

Yutzy, Daniel, LCSW: We know Dan well – he is an excellent and very experienced therapist and committed believer in Christ. He has had lots of Immanuel approach and Theophostic training, as well as training in many other secular and Christian healing methods. Both Charlotte and I have also observed him facilitating emotional healing sessions, and I have been greatly blessed by receiving Immanuel approach and Theophostic-based inner healing work with Dan facilitating.

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